

INTERVIEW SKILLS INDIVIDUAL COACHING



Delivery: Virtual



Duration: 2 hours



Recommended for:
Individuals seeking
one on one development



Fully Pre-qualified on:
buy.nsw Supplier Hub,
VendorPanel and AusTender



Thoroughly prepare for an interview with an understanding of the NSW or Commonwealth Government interview and selection process

Securing your next career move can be as stressful as it is important. This one-on-one coaching session helps applicants prepare, practise and perform more effectively at interviews, equipping you with skills and techniques required to stand out. Improve on presenting yourself by focusing on the knowledge and skills required to secure a role within the NSW or Australian Public Service. This workshop can be tailored to NSW, Local Government or APS.

■ CONTENT

Individual coaching sessions with one of our specialist trainers can assist you in successfully preparing for an interview (and/or your written application as required) for a NSW Public Sector role, tailored to the NSW Government Capability Framework.

Before the 2-hour session our coach contacts you to discuss your background experience and the role you are targeting. At this time, we request that you email your current CV, draft application and the specific job advertisement and role description for the position for which you are applying. Our trainer then tailors the individual coaching session to ensure specific focus areas are covered.

These may include:

- know how to critically examine the job advertisement and understand Agency requirements
- prepare for interview questions using the STARR technique
- how to concisely convey your experience relative to the requirements of the role
- practice your question responses specifically in line with the role requirements and the NSW Capability Framework
- techniques to improve your presentation and personal power at an interview
- strategies to manage interview nerves.

Through interactive learning and easy-to-follow practical techniques, our coaching sessions provide sound strategies to confidently present information about your skills and experience at the interview for maximum impact.

■ NSW CAPABILITY FRAMEWORK ALIGNMENT

- Personal Attributes
- Relationships
- Results

■ RELATED COACHING AVAILABLE:

- Individual Development Coaching
- Writing Cover Letters and Resumes
- Writing Job Applications

“ Overcoming nerves and practising my responses was extremely valuable. The coach provided great feedback and tips on personal presentation and how to address questions. ”