

DEALING POSITIVELY WITH CONFLICT



Delivery: Face-to-face (recommended) or Virtual



Duration: Half or Full day



Maximum Participants: 12



Recommended for:
Leaders and team members seeking to build their workplace skills



Fully Pre-qualified on:
buy.nsw Supplier Hub, VendorPanel and AusTender



Develop the skills and confidence to manage conflict to ensure positive outcomes for team performance and culture

The goal of successful conflict management is not its elimination, but to reduce its harmful effects and unlock the positive benefits. Your team members can achieve this by gaining an understanding of conflict drivers and developing the skills and techniques to manage different situations that arise and how best to respond.

WORKSHOP CONTENT

This workshop enables participants to understand the different types of conflict and the benefits of generating constructive debate, new ideas and a dynamic team environment.

Participants will explore common emotional reactions, assess their individual conflict management style and develop skills and techniques to use when faced with conflict situations. They will work through practical models to help approach difficult conversations and understand the importance of constructive conflict in building engaged and high-performing teams.

LEARNING OUTCOMES

Upon completion of this workshop, participants will be able to:

- Recognise the different types of conflicts and why it can be a positive influence

- Approach a conflict situation with a toolkit of positive actions to deliver more constructive outcomes
- Understand the physiological responses to conflict and how this influences the behaviour we choose
- Identify steps to navigate a difficult conversation
- Develop an approach to address conflict within teams
- Identify their preferred conflict management style in addition to other styles, and when to use them
- Recognise constructive and destructive responses in managing conflict

TURN THE CHALLENGES OF CONFLICT INTO A POSITIVE FOR YOUR TEAM

Conflict is inevitable but managing it constructively can result in the improvement of team culture, working relationships and productivity.

NSW CAPABILITY FRAMEWORK ALIGNMENT

- Personal Attributes
- Relationships
- Results
- People Management

RELATED WORKSHOPS AVAILABLE:

- Having Difficult Conversations
- Conducting Performance Reviews
- Effective Communication Skills
- Strategic Leadership and Management
- Building Resilience

“ Engaging trainer and the content was clear, interactive and informative. ”
Health Professional Councils Authority