

DISC | Understanding Self and Others



Delivery: Face-to-Face or Virtual
Includes Everything DiSC
workplace profile*



Duration: Half day



Maximum Participants: 12



Recommended for:
Leaders and team members
seeking to communicate
effectively with internal and
external stakeholders



Fully Pre-qualified on:
buy.nsw Supplier Hub,
VendorPanel and AusTender

Adopt a powerful framework for aligning your communications with your audience

Highly effective communicators focus on understanding their audience just as much as they work on crafting their message. This workshop offers a proven framework for quickly developing an understanding of audiences – and your communication style – through the well-regarded DiSC behavioural model.

WORKSHOP CONTENT

Leaders of all levels will unlock new levels of communication skills with this engaging and practical workshop which focuses on understanding human behaviour, rather than personality. Following the general principles of the DiSC model, this workshop explores communication styles to improve the real-world application of communication skills.

INCLUDES DiSC PROFILE

Accelerate your team's understanding and application of the learning with an individual DiSC profile (questionnaire completed as pre-work). Individual results are debriefed and analysed in session.

- A secure link to the official DiSC website activated approximately 10 days before the workshop.
- Participants complete the personalised instrument, which forms the basis of their report.
- Individual reports and debriefs are delivered as part of the workshop.

- Access to My Everything DiSC is activated following the workshop providing participants the option of sharing styles and suggested ways to improve communication with colleagues.

LEARNING OUTCOMES

Upon completion of this workshop, participants will be able to:

- Leverage an improved understanding of self and others
- Identify how behaviour impacts effectiveness
- Discover behavioural strengths and value differences in others
- Identify appropriate communication styles and strategies to achieve goals and reduce conflict
- Understand how the styles interact
- Use verbal and non-verbal communication to build rapport with both internal and external contacts

* DiSC Workplace profile is charged per participant

NSW CAPABILITY FRAMEWORK ALIGNMENT

- Personal Attributes
- Relationships
- Results
- People Management

RELATED WORKSHOPS AVAILABLE:

- Effective Communication Skills
- Building and Leading Engaged and Effective Teams
- Influencing Without Authority
- Negotiating and Influencing for Outcomes
- Having Difficult Conversations

“ The DiSC profile is fantastic, understanding the different styles and how to communicate better is extremely valuable. ”