



# **LEADING AND MANAGING THROUGH CHANGE**



**Delivery:** Face-to-Face or Virtual



**Duration:** Full or Half day option



**Maximum Participants: 12** 



#### **Recommended for:**

Leaders and team members dealing with workplace change or a specific change program



Fully Pre-qualified on:

buy.nsw Supplier Hub, VendorPanel and AusTender



### Prepare to lead in a world of increasing change and complexity

As workplaces continue to face change from both internal and external factors, leaders, managers and team members must equip themselves with the skills and mindset to not only adapt to change but to thrive. Individuals in all positions require guidance and clarity from their leaders and colleagues, which provides the basis for sustainable productivity in the face of uncertainty.

By sharpening their skills as change managers, leaders can provide their teams with structure, certainty and confidence.

#### **WORKSHOP CONTENT**

This workshop explores effective techniques to inspire new perspectives on necessary change. The content includes breaking down common reaction and resistance to change and participants will deepen their understanding of how people behave during times of stress and uncertainty. Scenario-based exercises highlight how careful planning and thoughtful implementation can ensure organisational goals are realised.

## **LEARNING OUTCOMES**

Upon completion of this workshop, participants will be able to:

- Identify the driving forces of change within organisations
- Differentiate between the various stages of change
- Identify common effects on attitude and morale

- Manage reactions and resistance
- Implement strategies for managing and combatting negativity
- Plan, implement and monitor factors of change
- Understand your role and challenges as a leader in the context of change
- Develop action plans to assist staff adaptation and progress
- Leverage and understand Emotional Intelligence
- Build resilience and maintain psychological safety

# **BECOME THE CONSTANT IN A WORLD OF CHANGE**

Equip your team with a sustainable approach to manage uncertainty and change through this practical and actionable skills development workshop.

# NSW CAPABILITY FRAMEWORK ALIGNMENT

- Personal Attributes
- Relationships
- Results
- People Management

#### RELATED WORKSHOPS AVAILABLE:

- Effective Communication Skills
- Building and Leading Engaged and Effective Teams
- Strategic Leadership and Management
- Building Resilience

This content was very relevant and well-explained. Questions were answered well and with respect. An excellent workshop.